

Appetizers

Vegan Garlic Bread 9
Brushed with Olive Oil & topped with Dairy-Free Cheese.

Vegan Stuffed Portabella 13
Portabella Mushrooms filled with Zucchini, Capers, Mushrooms, & Black Olives topped with Dairy-Free cheese

Vegan Bruschetta 9
Served on our homemade Wheat Focaccia Bread.

Vegan Meatballs & Sausage (side order) 9
Served in our homemade Tomato Basil Sauce.

VEGAN SAUSAGE & MEATBALLS

Add to your favorite appetizer or salad

Spinach Vezzo 8
Spinach, zucchini, hot peppers sautéed in garlic & oil.

Local Farms + Freshness = Mama's

Salads (small/large)

Vegan Eggplant Pisa 10/13
Layered Eggplant, Portabellas, Spinach, Roasted Red Peppers, & Artichokes drizzled with Balsamic Reduction

Tossed 4/6
Iceberg & Romaine topped with Cherry Tomatoes & Black Olives

Garden Mix 5/7
Mesclun Mix topped with Red Onion & Cherry Tomatoes

Vegan Insalata 8/11
Roasted Peppers, Sun-dried Tomatoes, & Pignoli Nuts over Mesclun Mix topped with Balsamic.

Vegan Moresca 8/11
Mesclun Greens topped with Dried Cranberries, Walnuts, Red Onion, Cherry Tomato

Asparagus Fresco 8/11
Mesclun Mix topped with asparagus, roasted peppers & sun-dried tomatoes, drizzled with balsamic reduction

Caldo Freddo 13/16
Warm vegan Sausage Medallions, Mesclun Mix, sautéed Spinach, tomatoes, Black Olives & Chianti-Basil Vinaigrette

Dressings:

Balsamic Vinaigrette, Oil & Vinegar, Chianti-Basil
Light Italian, Fresh Lemon

Sandwiches/Platters

VEGAN SAUSAGE & MEATBALLS

Add to your favorite
Sandwich

SELECT YOUR STYLE:

Sub Roll – 6 or 10' – 10/13

Whole Wheat Focaccia - 13

Wrap - Wheat or Garlic Herb - 12

Platter - (with the bread on the side) - 16

**Vegan Eggplant,
Roasted Peppers**
sautéed in Balsamic Vinegar

Local Farms + Freshness = Mama's

Vegan Veggie Melt
Grilled Portabella Mushrooms,
Onions, Roasted Peppers, Black
Olives, Dairy-Free Cheese and Oil
& Vinegar

**Vegan Eggplant,
Spinach & Garlic**
With a touch of red sauce & Dairy-
Free Cheese

**Vegan Sausage &
Peppers**
Onions, & Mushrooms in our
homemade Tomato-Basil Sauce

**Vegan Eggplant
Parmigiana**
With Dairy-Free Cheese

Vegan Meatball Parm
In our homemade tomato-basil
sauce

Villa
Artichoke, Roasted Peppers,
Broccoli &
Dairy-Free Pesto Sauce

***Please specify you are ordering from our Vegan Friendly Menu**

Entrees



Vegan Baked Rigatoni 18
Prepared in Homemade **Tomato-Basil Sauce**, topped with Dairy-Free Cheese.

Vegan Rosario 21
Eggplant, Roasted Peppers, & Sun-dried Tomatoes & Artichokes tossed with Rigatoni in our Homemade **Tomato-Basil Sauce**.

Vegan Primavera 19
Broccoli, Roasted Peppers, Zucchini, & Cherry Tomatoes sautéed in **Garlic & Oil**. Served over Spaghetti.

Vegan Eggplant Siena 23
Breaded Eggplant, Spinach & Garlic topped with **Tomato-Basil Sauce** & melted Dairy-Free Cheese. Over Rigatoni

Vegan Eggplant Francese 21
Eggplant in our Vegan **Francese** sauce served over spaghetti.

Vegan Campagna 23
Broccoli, Artichokes, & Sun-dried Tomatoes in a sweet **Sherry Wine Sauce** topped with melted Dairy-Free Cheese.

Aglio-e-Olio 15
Cherry Tomatoes, Pignoli Nuts, & Basil sautéed in **Garlic & Oil**. Served over Spaghetti.

Luigi's "Old School" 25
A Vegan Tomasso!
Baked Rigatoni over Meatballs & Sausage, topped with Dairy-free Cheese in our homemade **Tomato-Basil Sauce**.

Sausage Fra Diavolo 24
Vegan Sausage medallions in our homemade **spicy Fra Diavolo** sauce over angel hair

Vegan Rustica 22
Mushrooms, Tomatoes, Capers & Onions in our homemade **Piccata** (garlic-lemon wine) sauce. Served over linguini

Risotto-Vegan Style 21
Asparagus, Zucchini, Green Peppers, & Tomatoes in our Homemade **Tomato-Basil Sauce**.

Vegan Gnocchi Pesto 19
Topped with our homemade Tomato-Basil Sauce & drizzled with Dairy-Free **Pesto Sauce**.

Vegan Palma 20
Artichokes, Spinach & Sun-Dried Tomatoes sautéed in **Garlic & Oil**. Served over Penne

Vegan Pisa Amato 23
Penne tossed with Eggplant, Spinach, Artichokes, Portobello Mushrooms, & Roasted Peppers in our **Balsmico sauce**

Enhance Your Entrée

Vegetable: \$2 per
Broccoli, Spinach, Zucchini, Artichokes, Roasted Peppers, Cherry Tomatoes, Capers, Black Olives, Garlic, Eggplant, Spinach, Portabella Mushrooms, Asparagus, Onions, Peppers, & Bruschetta

Vegan Meatballs or Sausage: \$5 per

Dairy-Free Cheese (Baked): \$4

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Personal Pizzas & Stromboli

VEGAN SAUSAGE & MEATBALLS

Add to your favorite Pizza
Or Stromboli

Pizza Valentino

Fresh Tomato & Basil, a touch of garlic & oil (No Cheese).

Personal: 11

Vegan Deluxe

Spinach, Broccoli, Mushrooms, Onions, Peppers & Black Olives with red sauce & Dairy-Free Cheese.

Personal: 19
Stromboli: 14

Vegan Garden

Broccoli, Eggplant, & Roasted Peppers with Red Sauce, Dairy-Free Pesto Sauce & Dairy-Free Cheese.

Personal: 18
Stromboli: 14

Vegan Primavera

Broccoli, Spinach, & Tomato with a touch of garlic & Dairy-Free Cheese.

Personal: 19
Stromboli: 14

Vegan Siena

Eggplant, Spinach & Garlic with tomato-basil sauce & dairy-free cheese

Personal: 18
Stromboli: 14

Vegan Pisa Pizza

Eggplant, Spinach, Roasted Peppers, Artichokes & Portabella Mushrooms drizzled with Balsamic Reduction topped with Dairy-Free Cheese

Personal: 20
Stromboli: 15

CREATE YOUR OWN PERSONAL PIZZA

Topped with Dairy-Free Cheese

Crust Selections:

Traditional...13

Whole Wheat...15

Gluten Free...18

Topping Selections: 1.75 per

Broccoli, Spinach, Zucchini, Artichokes, Roasted Peppers, Cherry Tomatoes, Capers, Black Olives, Garlic, Eggplant, Spinach, Portabella Mushrooms, Asparagus, Onions, Peppers, Basil & Bruschetta

Vegan Meatball or Sausage: 6 per topping

Dessert

Zeppoles 8.5
Sweet dough covered in
Confectioner's sugar served with
fudge on the side for dipping. One
dozen per order

**Peanut Butter
Truffles** 6.5
2 per order
Freshly made by:
Vegan Treats Bakery

Soy Cappuccino 7
Add your favorite flavor...\$1
(Raspberry – Caramel – Chocolate -
Mocha - Cinnamon – Mint – Irish
Cream – Vanilla Hazelnut –
Amaretto)

Vegan Cannoli 8
Freshly Made by:
Vegan Treats Bakery

Chocolate Cupcake 4.5
(Gluten-Free/Vegan)
With Chocolate Icing
Freshly Made by:
Vegan Treats Bakery

**White Chocolate
Mandarin Cookie** 6
(Gluten Free/Vegan)

**Death by
Chocolate Cake** 8
Freshly made by: Vegan Treats
Bakery

Sorbet 6
(Gluten Free/Vegan)
Ask your server for Seasonal
Flavors

